

Elemis ANTI-AGING FACIALS

PRO-COLLAGEN QUARTZ LIFT FACIAL

50/80 mins \$170/\$255

Anti-wrinkle facial with proven results

This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94%* and improve skin firmness by up to 57%*, after just one treatment. The power of Padina Pavonica is accelerated by the electrical energy of precious minerals Quartz, Tourmaline, Rhodochrosite and Malachite to re-energise cell communication, whilst Laminaria Digitata and Red Coral optimises cellular respiration and regeneration for a firmer, uplifted, more youthful looking appearance.

Winner! Best Anti-Ageing Facial – Grazia

**Independent Clinical Trials 2007*

PRO-INTENSE LIFT EFFECT FACIAL

50 mins \$190

Shape, lift and firm

Powered by breakthrough technology that combines cutting-edge plant stem cells, nutrient-rich natural lipids and firming plant actives. Powerful lifting techniques target sagging jowls, cheeks, chin and neck, whilst helping to reduce puffiness and fluid retention associated with sagging skin.

96% of women stated that their facial contours appeared firmed, lifted and shaped*
90% of women stated that the sagging on their cheeks and neck was visibly improved*
82% of women stated that they would delay facial surgery and/or Botox following a course of facials*

**Independent Consumer Test Results based on 49 subjects, July 2013*

TRI-ENZYME RESURFACING FACIAL

50/80 mins \$170/\$255

Peel away the years for smoother, renewed skin

This ground breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75% and increase skin smoothness by up to 32% after just 1 treatment*, this unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin.

Pioneering the precision layering of 3 targeted enzyme serums, this advanced resurfacing technique safely and effectively removes the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant, bringing a renewed level of evenness and clarity to the complexion.

**Independent Clinical Trials 2006*

VISIBLE BRILLIANCE FACIAL

50/80 mins \$160/\$240

Revives dull, slackened skin, restoring radiance

Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps up the skin, whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61% and elasticity by 40% after just 1 treatment*. Specialised micro-circulatory massage techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance.

**Independent Clinical Trials 2004*



Elemis SKIN SOLUTIONS FACIALS

MODERN SKIN FACIAL

50 mins \$150

Re-balance stressed skin, restore a healthy glow

Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins, regenerate skin cells and rebalance sebum. The results: remineralised, rebalanced and renewed skin.

OXYGEN SKIN CALM FACIAL

80 mins \$225

Soothe sensitive skin and even skin tone

Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask, impregnated with Absolute SkinCalm Booster Serum, to help rebalance delicate, fragile and sensitive complexions. Helping to relieve redness, this superior face and eye treatment offers immediate comfort to stressed and irritated skin.

S.O.S. PURIFYING FACIAL

80 mins \$225

Purify congested skin and clear complexion

A powerful face and eye treatment that helps regulate and balance the function of the skin. Purifying massage techniques combined with the unique Japanese Sulphur Mask, impregnated with Absolute Vita-C Booster Serum, help to absorb sebum, calm irritation and rebalance oil-rich pores, leaving a beautiful matt complexion.

Elemis SKIN SPECIFIC FACIALS

FRUIT ACTIVE GLOW

25/50 mins \$75/\$135

Bring back the glow to a lifeless complexion

Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance.

EXOTIC MOISTURE DEW

25/50 mins \$75/\$135

Treat your skin to a moisture boost

Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin.

HERBAL LAVENDER REPAIR

50 mins \$135

For perfect restoration of skin balance

Deeply cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

Elemis MEN

URBAN CLEANSE FACIAL

50/80 mins \$135/\$190

Deep cleanse and complete skin detox

This super-grooming facial decongests the skin, working to eliminate blocked pores and accelerate skin recovery. Fast-acting ingredients reduce sensitivity and provide long-lasting defence against the effects of daily pollutants, leaving the skin clean and clear.

Elemis WELLBEING MASSAGE TREATMENTS

CUSTOMIZED MUSCLE MASSAGE

25/50/80 mins \$75/\$135/\$190

Deep rhythmic pressure massage

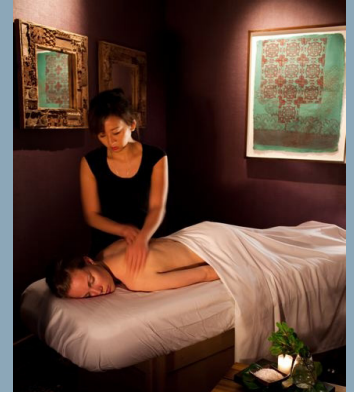
Alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Dynamic blends of Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension.

Stress-a-Way: Wind down and release the tension of the day.

Spirit Reviver: A powerful surge to invigorate and recharge.

Muscle Melt: Relax and re-energise a tired and aching body.

Chakra Balancing: Reconnect your mind, body and soul.



QUIET MIND MASSAGE

25/50/80 mins \$80/\$145/\$200

Clear your head of distraction and prepare for deep slumber. Begin with a scalp and temple massage with a powerful blend of patchouli and of wood essential oils to promote tranquillity and relaxation. Your full body massage features soothing massage techniques and your choice of relaxing aromatherapy oils.

MOTHER-TO-BE MASSAGE

50/80 mins \$145/\$200

This treatment is designed for the expectant mother. The techniques used are designed to relieve tension and stress on your body during pregnancy. Diminished lower back and hip pain are just a few of the amazing benefits of this massage.

*not offered in first trimester or for those experiencing a high risk pregnancy

TREAT YOUR FEET

25/50 mins \$80/\$145

This ancient Chinese art uses pressure points and an intensely moisturising foot cream that melts beautifully into the skin, smoothing and hydrating rough dry areas. It eases tension and creates balance while rejuvenating you both mentally and physically. May be combined with other massages for the ultimate tactile indulgence.

AROMA STONE THERAPY

50/80 mins \$170/\$255

Warm Basalt stones to melt away tension

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

Elemis WELLBEING BODY TREATMENTS

EXOTIC LIME AND GINGER SALT SCRUB

25 mins \$80

Invigorating deep cleanse

A body exfoliation ritual to invigorate and revitalise the body. After light body brushing, warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.

EXOTIC FRANGIPANI BODY NOURISH WRAP

50 mins \$145

Deeply nourishing aromatic treat

Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce the Monoi which is poured all over the body and then cocooned in a nourishing foil wrap or unique dry float. Drenching the skin with moisture, this exotic therapy provides ultimate radiance, vitality and all over body glow.

FRANGIPANI BODY POLISH

25 mins \$80

An invigorating full body exfoliation ridding the skin of dead skin cells, leaving you with a radiant feel. The process is completed with a complete moisturisation, leaving skin re-hydrated and healthy.

FRANGIPANI BODY POLISH AND WRAP

80 mins \$200

MUSCLEASE AROMA SPA OCEAN WRAP

80 mins \$200

Muscle warming seaweed wrap

Drift away while you are cocooned in a comforting foil wrap or unique dry float and treated to a pressure point facial massage and de-stress scalp treatment. Using a warm blend of Essential oils, this specialised treatment helps ease aching, tense muscles.

*Body treatments are not offered in first trimester or for those experiencing a high risk pregnancy

FAQs & SPA RULES

APPOINTMENTS AND RESERVATIONS

We strongly recommend that you schedule spa appointments prior to your arrival at The Spa. Reservations are subject to availability and must be guaranteed with a credit card.

SPECIAL EVENTS

Ask us about reserving the spa for your event – bridal shower, birthday or Girls' Night Out.

OFF SITE SERVICES

We can bring our spa to you for spa parties and weddings, office wellness programs, employee appreciation events, trade shows and meetings, anywhere in New York City.

CANCELLATION

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance. A full service charge will apply to all no shows and untimely cancellations.

ARRIVAL

We suggest that you arrive 10 minutes before your appointment time to fill out your personal care guide where you can explain your special health considerations or specific needs.

LATE ARRIVAL

As a courtesy to clients booked after you, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

DO YOU NEED HELP CHOOSING YOUR TREATMENT?

Our spa associate will help you plan the perfect spa experience based on your specific needs or plans.

WHAT SHOULD YOU WEAR?

Luxurious bathrobes and sandals are provided for your comfort. You may leave your personal belongings in a locker. For your treatment, disrobe to the level of your comfort. Undergarments are not necessary, but you may wear them during your treatment if you prefer. Our licensed therapists are trained to drape a sheet or towel over your body in a discrete manner, assuring your privacy at all times.

SHOULD YOU SHAVE BEFORE A TREATMENT?

Shaving is not recommended prior to any treatment but if you wish to shave we recommend doing so two hours before any facial or body exfoliation treatments.

IS THERE AN AGE REQUIREMENT TO USE THE SPA?

All spa guests must be 16 or older to schedule a treatment.

CELLULAR PHONES

In consideration of our other guests, we ask that you turn off your cell phone and/or pager before entering the spa.

PAYMENT AND SERVICE CHARGES

We accept all major credit cards. Hotel guests may also charge the service to their room accounts.

ARE GIFT CERTIFICATES AVAILABLE?

Spa Gift Certificates are a wonderful way to give the gift of wellness to those special people in your life. Gift certificates may be purchased at the Spa Reception or by phone and may not be redeemed for cash.

VALUABLES

The Spa is not responsible for damage to or loss of personal belongings. Our recommendation is to not bring valuables to the spa.

Thank you and we look forward to your visit!